

Free Osteopathic Assessment Hobart Osteopathic Clinic Osteopath

COME AND HAVE A FREE OSTEOPATHIC ASSESSMENT

You may have heard of Osteopathy and you may have heard of someone or even know someone who has benefited from Osteopathic treatment but you are still uncertain about trying Osteopathy for yourself. You just don't know enough about it and whether Osteopathy is the answer for your particular problem.

We understand this because we come across it all the time. Another thing we come across all the time is people saying *"I wish I'd known about Osteopathy years ago"*.

So can Osteopathy help you? The answer is quite simple. You will only know if you come and meet with an Osteopath. You will have your case history taken and then an Osteopathic physical examination. This will be followed by a discussion as to whether Osteopathy might or might not benefit you and, if so, in what way and what is involved.. There is no fee for this and no obligation to go ahead and have treatment. If you do go ahead and have treatment, either on the day or at a later date, our normal charges will apply.

So, can Osteopathy help you? You'll never know unless you speak to an Osteopath.

Call the clinic on **6223 6272** and say that you would like book in for a Free Assessment.

Osteopathy and Children

Growing children are extremely resilient but never-the-less the various falls and spills that they inevitably have while growing up can take their toll. As Osteopaths we feel that it is just as important for children to have regular Osteopathic check ups as it is for them to have regular dental check ups. In this way long term problems may be nipped in the bud and your child might be much less likely to have a back or neck problem in later life.

We recommend that an Osteopath have a look at growing children routinely once a year but that you should consider taking them along after any obviously traumatic fall or injury or after a car accident once having them first checked out by a medical practitioner for any serious injuries that require immediate medical treatment. You should also consider bringing your child to see an Osteopath anytime that your child complains of a musculoskeletal pain or headaches. Children do not usually complain for no reason. If your child appears to be walking awkwardly, one shoulder is higher than the other or their back is not quite straight when standing then it could be appropriate to consult with your osteopath.

