

Why Funerals Matter- Funeral Directors Services

People need time to mourn the loss of family and friends. A funeral service fills this need and provides people with an important place to share in their grief and help the living say goodbye. Grief is hard, sometimes unbearable, but certainly doesn't go away if we try to deny it happens.

A funeral:

Offers finality and understanding that loved ones have died – the task of arranging the funeral, attending the viewing, planning the ceremony, giving a eulogy all help to counter reactions like the fog of numbness and disbelief.

Allows us to show our feelings in a safe place – they spell out messages that say grief is normal, you don't have to be brave, there's no shame in tears.

Provides an opportunity to acknowledge the life of a loved one and for family and friends to support each other in their grief.

'Your Goodbye' is about your farewell to family and friends. It's about the final pages of Your Story, but like any good book it takes input and help from others. Your Goodbye should be a collaboration between you and those you love most, so that when the ink dries on your last page; you can all close the book with a sense of ease, understanding, pride and unwavering love.

Do those that matter the most to you know about all the little things that make up your life? Do you know what matters the most to them? We all may know parts but not the whole. Every story deserves to be told. It's what makes us unique. Have the conversation now because it cannot be had once you're gone.

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